

# The ehemiah Project

## Supported Housing Programme 'A New Future'

Information for referrals...



**Nearest Station:** Streatham BR

**Buses:** 249, 319, 133, 333, 57

**[tnp.org.uk](http://tnp.org.uk)**

47 Tooting Bec Gardens  
London  
SW16 1RF

**[referrals@tnp.org.uk](mailto:referrals@tnp.org.uk)**

020 8773 7417

Registered Charity No. 1058536



## 'A New Future' – what is it?

A specialist Supported Housing Programme to help equip vulnerable men in the latter stages of recovery from a life of crime and addiction.

### Programme Summary

It is twelve week abstinence based programme which runs every weekday morning. It addresses fundamental issues such as relapse prevention and basic skills. In the afternoons the men are then free to go about their own meaningful activities and work duties.

### Curriculum layout

- ❖ Process Group and Check-ins
- ❖ Group work and Education: Challenging thinking, Attitudes and Behaviour
- ❖ Healthy Living: Self-care and Health
- ❖ Practical Living skills: House Duties and Cooking
- ❖ Meaningful use of time: Volunteering, education and Employment
- ❖ Budgeting and Finance: Living within means
- ❖ Family Work
- ❖ Developing Social skills: AA meetings, Community Lunches, Events and External activities
- ❖ Future Aspirations

### Move-On Facilities:

2 houses in Clapham  
Accommodates up to 10 men  
Further stay for up to 18 months

## Criteria Checklist:

- Male
- 18 and over
- History of offending
- History with drug and alcohol abuse
- Completed a rehabilitation programme/detox
- Has stayed abstinent for up to 4 weeks prior to 'A New Future'
- Holds a valid ID or NI number
- Showing dedication to change
- Willing to remain abstinent throughout the programme
- Does not have a history of arson
- Does not have a history of sexual offenses
- Does not have a current diagnosis of mental health problems e.g. schizophrenia, long term depression, psychosis
- Has not been violent in the last 6 months

### Who can refer?

- Probation services
- Charities
- Family and friend members
- Churches
- Rehabilitation programmes
- Individuals

### How do I refer?

Contact our supported housing team for an application form. We accept referrals nationwide (contact details found on overleaf)

### What happens next?

A face to face interview will be arranged, or if not possible an interview phone call. After this, the supported housing will make a final decision.